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The most important and prominent part of the extended essay process for me was the choosing of the topic and writing of the question. It wasn't just about choosing something I could write 4,000 words on; it was about asking myself what I was truly interested in, and whether I was going to have the persistence to constantly question and explore my topic.

The extended essay is a unique experience in the IB curriculum; it wasn't, for me, like other summative assessment pieces within my subjects where you were asked to simply analyse, synthesize and apply research. To be truly successful in your extended essay I think you need to take it to the next level where not only do you analyse, synthesize and apply but you challenge yourself to have enough academic confidence in questioning your research and develop what **you** believe the answer is to your question.