The extended essay seems a daunting and worrying commitment in your final two years at school. However, having arrived at the end of the process I can clearly see the benefits and rewards of having undertaken such a challenging project.

The extended essay was a very worthwhile process for me and I am sure many others since it provided the opportunity for me to develop scholarly skills including referencing, researching and time management. I have certainly taken these invaluable skills away from the process and they continue to aid me in my education. Additionally, I enjoyed been able to research a topic of interest to me, which I feel is a vital part of the extended essay and helps in making it a much more captivating and pleasurable task.

The hardest element, I found, was managing my time in the final year of school when one's education becomes academically more demanding. In order to manage my time, I broke the essay into subsections so that the writing process did not seem so daunting and overwhelming. Furthermore, I found that another difficult part of the extended essay component was researching, since this demanded much reading. It was important to start early so that it didn't become too much of a burden as the due date approached.

All in all, the extended essay process was a priceless experience that I know will continue to have benefit in my future studies.