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The essay is excellent, very well structured and clearly analyzed. The research question not only questions the underlying reasons for sex traffic in Nepal but also how it affects Nepalese women's human rights. Moreover, it is both clearly stated in the abstract and introduction.

The bibliography is not only complete but properly cited. Most of the sources are books; internet sources mostly link to the texts of international treaties on human rights. The research includes a wide range of books: theory of human rights, situation of women, sex trafficking, situation of Nepalese's women, sex trafficking in Nepal.

The formal presentation is excellent with a good contents page, easy to read format and convenient footnotes.

The conclusion is neat and straightforward, summarizing the sources, analysing them in context, and showing intellectual initiative.

It is important to highlight the fact that the student successfully shows throughout the essay how in depth her research into the subject was and the insight of the analysis made.