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The extended essay was one of the most arduous parts of my IB journey but still the most interesting. From my first extended essay session I knew that the only way to do well was to choose I subject and topic that I loved. The specific thesis of my essay took me a long time to pinpoint. I went through almost six completely different topics until I found the ideal one. When I did, the hard work began. I spent hours doing research and working in the laboratory. Writing the essay itself was another demanding task. I spent many sleepless nights writing many drafts to ensure the essay was perfect. However, the hardships were necessary to get an A.